



Fire PALS Preschool Lesson

Hot Things Burn

Background: Whether at home or school, preschool children are surrounded by dangerous items that can burn or injure them. Injuries can be caused by one of three types of burns. Contact burns are caused by directly touching a hot surface or flame. Thermal burns are caused by radiated heat. Burns caused by hot liquid or steam are called scald burns. Children need to learn to avoid objects that get hot and that can cause a burn injury. Children who learn what is hot and what is not and understand that hot things burn will have a better foundation for learning other fire safety concepts and messages. Parents and educators can also remind children that if they are unsure whether something gets hot, they should not touch it. Use the phrase, “If you don’t know, don’t touch.” Reinforce this idea frequently with children.

Objectives:

1. 100 percent of preschool children will correctly identify hot items that can burn them and will know not to touch them.

Vocabulary:

Hot, cold, burn, touch

Materials:

Red and blue stickers from an office supply store, copy of work page “Stay away from hot things” for each student, Sesame Street Fire Safety Station CD, Bert and Ernie puppets, puppet show script from Sesame Street Fire Safety Station, Pages 12-16.

Time: 30 minutes

Procedure:

1. Have students think about some things that are hot or get hot when used. Say, “ *Who can name some things that get hot?*”
2. Explain that things that get hot can hurt or burn them.
3. Show the children the red dots and blue dots. Tell the students that you are going to play a game called “Red Dot, Blue Dot.”
4. Explain that you will place a red dot on items that are already hot or could become hot. Remind the children that, “ *Hot items can hurt you badly. You should never touch an item that is hot or could become hot.*”
5. Walk around the room together. Point out objects and ask, “*Does this get hot or not?*” Review the rules of the game and proceed to place red and blue dots on the items.
6. Show the children the work page and explain the directions. This activity can take place at the teacher’s table during centers.
7. While the children are still in circle time, perform the puppet skit “*Bert Learns what is Hot.*” This can be found on pages 12-16 in Sesame Street Fire Safety Station activity book.

Extension Activities and Centers

1. **Hot/ Not Hot Sorting game:** On the front of index cards glue pictures of various household items. On the back of the card, glue a red dot if the item is already hot or could become hot, glue a blue dot if the item is not hot.
Children can sort the cards by placing them front side up on either a large red construction paper circle or blue construction paper circle. When the preschooler has sorted all of the cards they may flip the cards over to check their answers.
2. **Hot Things Burn Musical Chairs:** Use the song “*Hot Things Burn,*” from the Sesame Street Fire Safety Station CD. Prior to playing the teacher tapes pictures of hot and not hot items on the chairs. As the music is playing, children walk around chairs, looking at pictures. When the music stops, students should find a chair to sit on that doesn’t have a hot item on it. To eliminate the competition factor, do not take away any chairs, as you would do in the traditional musical chairs game. Have enough chairs with pictures of not hot items on them so that each student that plays can sit down. If your room environment allows for it, and you have enough volunteers, you could

have more than one game (circle) going. Have at least one adult supervising each circle to manage student's behavior.

3. **Listening Center:** Have preschool students use headphones and listen to the story, "Bert Learns what is Hot." This story can be found on the Sesame Street Fire Safety Station CD.

Objects for musical chairs game:

