



Fire PALS Preschool Lesson Plan and Practice Fire Drills/Escape Plans

Background: Preparing escape plans and practicing fire drills are two of the most important concepts in fire safety. Educators not only need to plan and practice fire drills with the children while they are at school, but also need to inform parents as to how important it is for families to design and understand a home fire escape plan. Studies show that children and adults that regularly practice fire drills and home escape drills are less likely to panic and are more likely to remember what to do in the event of a fire.

Objectives:

1. 100 percent of students will understand the phrase fire drill and will know what to do if they hear a fire alarm at school.
2. 100 percent of the students will define a fire drill as something to practice for escaping a fire.

Vocabulary:

Fire drill, safety, fire alarm, line up procedure, meeting place, smoke alarm, exit, home escape plan

Time:

30 minutes

Materials:

Sesame Street Fire Safety CD, fire drill check list for each child's family, model EXIT sign (can be made with big red block letters on white poster paper or construction paper), copy of exit sign paper for each child, glue, materials to glue onto letters of exit sign (craft foam objects, beads, sequins, feathers, etc), crayons, markers

Procedure:

1. Listen to the story, “Baby Bear’s Fire Drill,” on the Sesame Street Fire Safety Station CD.
2. Talk with the children about what Telly and the other children learn.
3. Tell the children that today you are going to practice your very own fire drill at school. Talk about the procedure for lining up after the alarm rings, and other appropriate practices. (Tell the children that they must line up quickly and quietly while keeping their hands to themselves. Stress that when they hear the fire alarm they must immediately stop what they are doing and line up. Tell them that you will lead them outside, away from the building to a special meeting place where you will count heads to make sure that all of the children are accounted for. Explain to the children that once they get outside, they should stay outside. They need to learn that it is dangerous to go back into a building that is on fire or may be on fire. Show the students the EXIT sign above the door. Let them know that when you see this sign it means that it is a way to get out of a room or building.)
4. Listen and sing along with the song “Chrissy and the Alphabeats sing exit” on the Sesame Street Fire Safety Station CD.
5. Conduct a practice fire drill. Be sure to explain to the children what it is you are doing during each step of the drill and why it is important.
6. Listen to and sing the song, “Elmo sings: The fire drill song.”
7. Explain the art project to the students. Show them the sample EXIT sign that you have made. (They are going to glue items to the letters on their exit sign. Make sure that they understand that they shouldn’t hide the letters that you still want to see the word once it is decorated. When they are dry, send them home and tell the children that they should hang their sign above a working door that is a way to get out of their house.
8. Let the students know that at some point during centers there will be a fire drill. They will need to stop what they are doing and practice the procedure that you taught them earlier.

Extension Activities:

1. Send home the Fire drill checklist for each child’s family.
2. Hold a Family Safe Night at Your preschool or center. Have a fire safety expert/firefighter on hand to speak to the families about fire and injury prevention, smoke detectors and family escape plans. Plan and practice the songs the children learned from the Sesame Street Fire Safety Station CD and present a short music program for the parents.

Have artwork from the Fire PALS Preschool Curriculum on display, have the fire station center set up, display all of the many projects and activities that you have worked on over the last couple of weeks. Serve fire truck cookies and Fire cup jelled snacks for refreshments.